

Chemical Peel Patient Information

A chemical peel involves the application of an acid that penetrates the epidermal layer of the skin. **If you are allergic to aspirin, please notify us as you may not be a candidate for a salicylic peel.**

You can not have a chemical peel if you:

- Are Pregnant or Nursing
- Have very sensitive skin or very fair skin
- Have very dark skin (we will assess your skin type)
- Have open sores or active skin cancer on treatment area
- Have used topical alpha-hydroxy's, beta-hydroxy's, benzoyl peroxide, and/or retinoid products for 1 week before peel
- Have waxed or had electrolysis on treatment area for 1 week before and after peel.
- Have a sun burn

Chemical peels deep clean pores and exfoliate the dead surface layers of the skin. They also assist in reducing acne, balancing your skin's texture and color, helping to diminish wrinkles and fine lines, and promote radiant skin.

The maximum benefits of this procedure are not apparent until approximately 1-2 weeks following each peel. A series of treatments is necessary for best results. You may experience stinging, burning, itching, tightness, flaking and peeling of the skin as it renews itself. These should diminish within a week.

Do not use water on the treated area for 2 hours following procedure (6 hours for pyruvic acid), water may re-activate the acid. For 1 week after the peel, wash the treated area with a mild cleanser twice daily and apply a mild moisturizer twice daily or more often as needed. Do not apply any medications or acid products during this time, or your skin will become irritated. If the skin peels, do not pick, peel, scrape or scratch or use a mask or facial scrub.

The treatment will make your skin more sensitive to the sun. Be diligent about wearing sunscreen with at least an SPF 30 with UVA & UVB protection, particularly for 7-10 days after the procedure.

In rare instances, an area of crusting/scabbing may develop. If this occurs, apply an antibiotic ointment to the area and notify Southgate Skin Center if it fails to improve within 24 hours.

If you have any questions or concerns following your procedure please call **712-1050**.